

Massage



S O U T H W E S T

Facials

Deep Cleansing and Rebalancing Facial

This facial is for combination/ oily skin types. It incorporates an exclusive Antibacterial Serum containing thyme, niaouli, tea tree, echinacea and rosemary to calm, heal, reduce bacteria, seal and rebalance hormonal skin problems.

Duration: 60mins

Price \$95.00

Beneficial Botanical Facial and Body Treatment

Excellent for mature and sun damaged skins. Botanical Gel Mask containing cornsilk, calendula and alfalfa acts to soothe, reduce signs of aging, nourish, minimise pigmentation and reduce sun damage. Includes hand treatment and reflexology foot massage.

Duration: 60mins

Price \$95.00

Rejuvenating Facial and Body Massage

Especially for dry, dehydrated and sun damaged skins. Exclusive Re-hydration Serum containing rosehip oil, patchouli, sandalwood and frankincense to reduce sensitivity, reduce scarring, regenerate and soften skin. Includes hand, neck, back, shoulder and reflexology foot massage.

Duration: 75mins

Price \$110.00

Anti-aging Facials

Collagen facials

Collagen is infused into the skin by an intensive mask therapy Boosting the skins natural ability to fight the signs of ageing, leaving a radiant and fresher skin condition, with improved elasticity and a youthful glow.

Duration: 75 minutes

Cost: \$125.00

New York Facial- Vitamin C therapy

This treatment is ideal for all skin types, especially for sun damaged and aging skins. Improving texture and tone, this multi-tasking facial removes dead skin cells and infuses vitamins and antioxidants into the skin dramatically improving the condition and appearance of the skin. Fantastic results in just one treatment.

Duration: 75 minutes

Cost: \$130.00

Please contact reception to organise your indulgence

Manicures & Pedicures

Indulgence Pedicures

Indulgent pedicure will leave your feet revitalised.

Duration: 75mins Price \$95.00

Indulgence Manicures

Indulgent manicure will leave your hands rejuvenated.

Duration: 70mins Price \$85.00

Massage Therapies

Swedish Massage

Incorporating Swedish, Reiki and Reflexology techniques this treatment relaxes muscle and soft tissue, relieves aches and pains and improves circulation.

Duration: 60mins Price \$95.00
Duration: 90mins Price \$125.00

Huna (Hawaiian) Massage

An ancient form of Hawaiian Bodywork traditionally performed to honour the body as the temple of the soul. Huna massage relaxes and invigorates the mind, body and soul using hands, forearms and elbows to massage deeply and rhythmically. A soulful, spiritual and reconnecting massage.

Duration: 60mins Price \$95.00
Duration: 90mins Price \$125.00

Hot Stone Therapy

Combines the benefits of Hydrotherapy and Thermotherapy with the strokes of massage using stones to create a deep, relaxing and healing treatment. The heat of the stones warms the skin allowing deep penetration of essential oils and deep massage work.

Duration: 90mins Price \$130.00

Body & Soul

Full Body Indulgence

A total body indulgence beginning with a complete body exfoliation using a fragrant blend of rose, lavender and orange essential oils combined with almond meal, French clay and honey to leave skin silky smooth, moisturised and glowing.

This is then followed up by a complete body massage from tip to toe incorporating a delightful mix of Swedish, therapeutic and reflexology for her and a more intense deep tissue massage for him.

Duration: 90mins Price \$130.00

Sheer Indulgence

A blissful 2 hours of indulgence. A relaxing full body Aromatherapy massage followed by an intensive rejuvenating facial using the finest organic formulations. Sheer Bliss!

Duration: 2 hours

Cost: \$175.00

Hawaiian Heaven

Immerse yourself in the tropical surrounds of Hawaii. Begin with an invigorating Hawaiian sea salt scrub followed by a heavenly coconut and frangipani essential oil aromatherapy massage incorporating the beautiful, flowing and nurturing techniques of native Hawaiian (Huna) massage. Heaven on Earth.

Duration: 2 hrs

Cost: \$175.00

*** All treatments are performed in the comfort of your room**